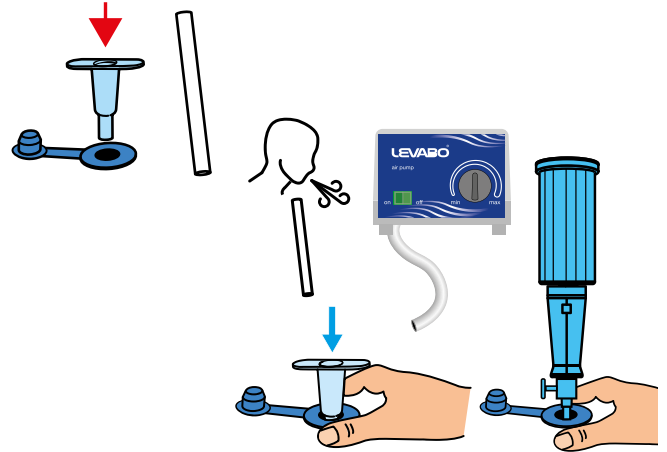


# 1

Open the bag, the positioning cushion is unfolded and the pump/blowpipe is inserted into the valve.



# 2

Inflate the cushion about 3/4 of the way up so that it is still soft and pliable.  
Close the valve.  
The cushion is now ready for use.

# 3

The patient is helped into the desired position in bed, preferably raised knee and a slightly raised headboard.

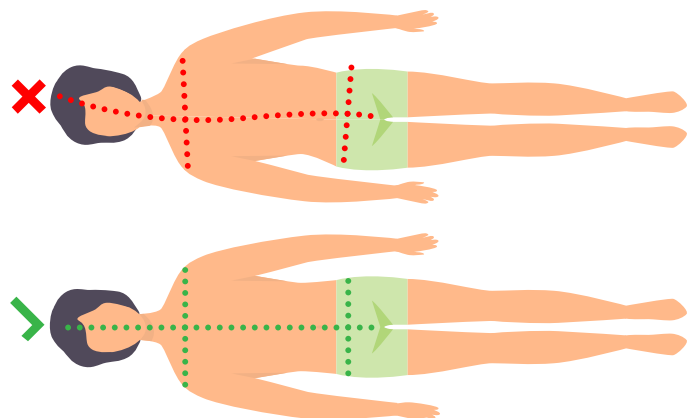


# 4

The cushion is placed under and between the user's knees.

Check that hips and knees are slightly bent and that user's legs are at a slight outward angle and with slight outward rotation.

Move the legs until this is achieved.



# 5

Check that there are no places on the underside of the user that are not in contact with the underlying surface.

This means that the cushion should not only support the knees, but should support the body surface until it is flat with the surface again.

Straighten the positioning cushion so that it lies well under the patient.

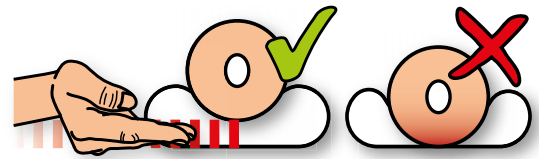


# 6

Assess whether there is too much or too little air in the cushion.

This will depend on the weight of the user. People with large legs will typically need a little less air. The cushion should remain soft and pliable when the cushion is placed under the user's legs.

Conversely, if a user has narrow legs, a little extra air may be needed for the user's legs to be lifted off the surface.



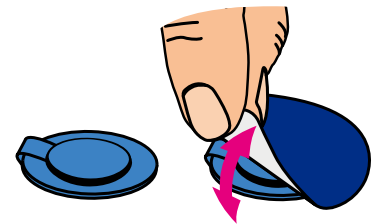
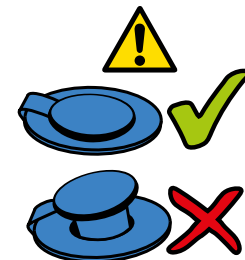
# 7

The air pressure is adjusted with the supplied adapter. The cushion can also be re-inflated if it loses air after some time of use. Always remember to close the valve, and apply the supplied cover label if necessary.

The cushion can be used by the same user until wear is seen on the felt or approximately 6-8 weeks.

The cushion can be wiped with a damp cloth, alcohol or other suitable disinfectant.

The cushion can be covered by a Single Patient Use (SPU) cover. The cover is ordered separately as an accessory. Product number: 76140



## IMPORTANT

All Up® Halv Charlie must NOT be fully inflated.

For optimal relief, it should be soft and pliable, providing relief.

Check the cushion regularly according to clinical guidelines.